

## SUMMARY OF PENALTIES

### LOSS OF A DOWN

	<u>Sig.</u>	<u>Rule Reference</u>		
Illegal scrimmage kick [also loss of five yards] .....	31*	6	3	10
Illegally handing ball forward [also loss of five yards].....	35*	7	1	6
Planned loose ball play [also loss of five yards] .....	19*	7	1	7
Intentionally throwing backward pass out of bounds [also loss of five yards].....	35*	7	2	1
Illegal forward pass by Team A [also loss of five yards] .....	35*	7	3	2
Intentionally grounding forward pass .....	36*	7	3	2
Forward pass illegally touched by player out of bounds.....	16*	7	3	4
Illegally batting ball [also loss of 10 yards] (see exceptions) ...	31*	9	4	1
Illegally kicking ball [also loss of 10 yards] (see exceptions)....	31*	9	4	4

### LOSS OF FIVE YARDS

Alteration of playing surface for an advantage .....	27	1	2	9
Improper numbering.....	23	1	4	2
Coin-toss infractions.....	19	3	1	1
Delay after three timeouts expended.....	21	3	4	2
Illegal delay of the game.....	21	3	4	2
Advancing a dead ball.....	21	3	4	2
Disconcerting offensive signals .....	21	3	4	2
Substitution rules infractions.....	22	3	5	2
More Than Eleven Players in the formation or during the play	22	3	5	3
Putting ball in play before it is ready .....	21	4	1	4
Exceeding 40/25-second count.....	21	4	1	5
Infraction of free kick formation .....	18, 19	6	1	2
Team A blocking during a free kick .....	19	6	1	2
Player out of bounds when ball free-kicked.....	19	6	1	2
Team A player illegally goes out of bounds (free kick) .....	19	6	1	2
Free kick out of bounds .....	19	6	2	1
Illegal kick [also loss of down if by Team A].....	31*	6	3	10
Team A player illegally goes out of bounds (scrimmage kick)..	19	6	3	12
Defensive Linemen—3-on-1 on field goal formation.....	19	6	3	14
Taking more than two steps after fair catch .....	21	6	5	2
Illegal snap.....	19	7	1	1
Snapper's position and ball adjustment .....	19	7	1	3
Team A not within nine-yard marks after ready .....	19	7	1	3
False start or simulating start of a play.....	19	7	1	3
Encroachment (offense) at snap .....	19	7	1	3
Player out of bounds when ball is snapped.....	19	7	1	4
Offensive player illegally in motion at the snap.....	20	7	1	4
Illegal Formation.....	19	7	1	4
Illegal formation due to numbering exception .....	19	7	1	4
Illegal shift.....	20	7	1	4
Offside (defense).....	18	7	1	5
Abrupt defensive actions .....	21	7	1	5
Interference with opponent or ball .....	18	7	1	5
Defensive player charging unabated toward a back.....	19	7	1	5
Defensive player out of bounds at the snap .....	19	7	1	5
Illegally handing ball forward [also loss of down if by Team A]	35*	7	1	6
Planned loose ball play [also loss of down] .....	19*	7	1	7
Intentionally throwing backward pass out of bounds [also loss of down if by Team A].....	35*	7	2	1
Player on scrimmage line receiving snap .....	19	7	2	3
Illegal forward pass [also loss of down if by Team A] .....	35*	7	3	2
Ineligible receiver downfield.....	37	7	3	10
Forward pass illegally touched .....	16	7	3	11
Running into kicker or holder.....	30	9	1	16
Game Administration Interference [also 15 yards].....	29	9	2	5
Interlocked interference or helping ball carrier .....	44	9	3	2

### LOSS OF 10 YARDS

Home team delay.....	21	3	4	1
Illegal use of hands or arms (offense).....	42	9	3	3
Holding or obstruction (offense) .....	42	9	3	3
Illegal block in the back (offense).....	43	9	3	3
Locked hands.....	42	9	3	3
Illegal use of hands (defense) .....	42	9	3	4
Holding or obstruction (defense) .....	42	9	3	4
Illegal block in the back (defense).....	43	9	3	4
Holding or obstruction (loose ball) .....	42	9	3	7
Illegally batting loose ball [also loss of down] .....	31*	9	4	1

Illegally batting a backward pass .....	31	9	4	1&2
Batting ball in possession by player in possession .....	31	9	4	3
Illegally kicking ball [also loss of down] .....	31*	9	4	4

#### LOSS OF 15 YARDS

Marking ball .....	27	1	3	3
Numbers changed to deceive the opponent.....	27	1	4	2
Home Jersey Worn Without Permission.....	27	1	4	5
Illegal signal devices [also disqualification] .....	27	1	4	10
Team not ready to play at start of either half .....	21	3	4	1
Rapid substitutions to opponents' disadvantage.....	22, 27	3	5	2
Illegal Wedge Formation .....	27	6	1	10
Interference with opportunity to catch a kick.....	33	6	4	1
Illegal block by fair-catch signaller .....	40	6	5	4
Tackling or blocking fair-catcher.....	38	6	5	5
Offensive pass interference.....	33	7	3	8
Defensive pass interference [first down].....	33	7	3	8
Striking; tripping [first down] .....	46,38	9	1	2
Targeting/Initiating Contact w/Crown of Helmet [first down][Also Disqualification].....	24, 38, 47	9	1	3
Targeting/Initiating Contact to head/neck area of a defenseless player [first down] [Also Disqualification].....	24, 38, 47	9	1	4
Clipping [first down].....	39	9	1	5
Blocking below the waist [first down] .....	40	9	1	6
Late Hit/action out of bounds [first down].....	38	9	1	7
Helmet / Face Mask Fouls [first down] .....	38,45	9	1	8
Continuous contact to the helmet [first down].....	38	9	1	8
Roughing the passer [first down].....	34	9	1	9
Chop Blocking [first down] .....	41	9	1	10
Leverage/Leaping [first down] .....	38	9	1	11
Defensive restrictions .....	27	9	1	11
Fouling an opponent obviously out of the play [first down].....	38	9	1	12
Hurdling [first down].....	38	9	1	13
Illegal contact against the snapper [first down].....	38	9	1	14
Horse Collar Tackle [first down] .....	25,38	9	1	15
Roughing the kicker [first down] .....	30,38	9	1	16
Kicker simulating being roughed .....	27	9	1	16
Obscene or vulgar language .....	27	9	2	1
Persons illegally on the field .....	27	9	2	1
Player not returning ball to official .....	27	9	2	1
Engendering ill will .....	27	9	2	1
Unsportsmanlike conduct.....	27	9	2	1
Persons leaving team area.....	27	9	2	1
Illegal return of disqualified player.....	27	9	2	1
Noise by persons subject to rules .....	27	9	2	1
Concealing the ball .....	27	9	2	2
Simulated replacements or substitutions .....	27	9	2	2
Equipment to confuse opponents.....	27	9	2	2
Intentionally contacting an official [also disqualification] .....	27	9	2	4
Fighting [also disqualification] .....	27, 38, 47	9	5	1

#### LOSS OF HALF DISTANCE TO GOAL LINE

If distance penalty exceeds half the distance (except on defensive pass interference)	—	10	2	6
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#### OFFENDED TEAM'S BALL AT SPOT OF FOUL

Defensive pass interference (if less than a 15-yard penalty) [first down]	33	7	3	8
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#### CHARGED TIMEOUT FOR A VIOLATION

Not wearing mandatory equipment.....	23	1	4	8
Wearing illegal equipment.....	23	1	4	8
Head coach's conference.....	21	3	3	4
Head coach's challenge.....	21	12	5	1
Illegal cleats [Also disqualification] .....	23	9	2	2

#### VIOLATION

Illegal touching of free kick by kicking team .....	16	6	1	3
Illegal touching of scrimmage kick .....	16	6	3	2
Scrimmage-kick-batting exception .....	16	6	3	11

#### DISQUALIFICATION

Prohibited signal devices.....	47	1	4	10
Flagrant fouls .....	47	9	1	1

Targeting/Initiating Contact w/Crown of Helmet .....	38	9	1	3
Targeting/Initiating Contact to H/N of a defenseless player .....	38	9	1	4
Two unsportsmanlike fouls .....	47	9	2	6
Illegal cleats.....	47	9	2	2
Contacting an official .....	47	9	2	4
Use of tobacco.....	47	9	2	7
Fighting.....	47	9	5	1

**AUTOMATIC FIRST DOWNS (DEFENSIVE FOULS)**

Pass interference .....	33	7	3	8
Striking; tripping.....	46,38	9	1	2
Targeting/Initiating Contact w/Crown of Helmet .....	38	9	1	3
Contact to head/neck area of a defenseless player .....	38	9	1	4
Clipping .....	39	9	1	5
Blocking below the waist .....	40	9	1	6
Late Hit/action out of bounds.....	38	9	1	7
Helmet / Face Mask Fouls .....	38,45	9	1	8
Roughing the passer .....	34	9	1	9
Chop Blocking .....	41	9	1	10
Leverage/Leaping.....	38	9	1	11
Fouling an opponent obviously out of the play .....	38	9	1	12
Hurdling.....	38	9	1	13
Illegal contact against the snapper .....	38	9	1	14
Horse Collar Tackle .....	31,38	9	1	15
Roughing the kicker .....	30,38	9	1	16
Unsportsmanlike Conduct .....	27	9	2	1
Illegal contact with eligible receiver.....	38	9	3	5
Fighting [also disqualification] .....	27, 38, 47	9	5	1

**WHEN-IN-QUESTION RULES**

Catch or recovery not completed.....	—	2	4	3
Block below waist .....	—	2	3	2
Chop block.....	—	2	3	3
Block in the back.....	—	2	3	4
Ball not touched on kick or forward pass.....	—	2	11	4
Ball is accidentally kicked (touched).....	—	2	16	1
Forward pass rather than backward pass.....	—	2	19	2
Forward pass and not fumble .....	—	2	19	2
It is a catchable forward pass.....	—	2	19	4
Stop clock for injured player .....	—	3	3	5
Forward progress stopped .....	—	4	1	3
Kick-Catch Interference .....	—	6	4	1
It is a catchable forward pass.....	—	7	3	8
Touchback rather than safety .....	—	8	5	1
Twisting, turning or pulling facemask (helmet opening) .....	—	9	1	8
Roughing Kicker rather than running into .....	—	9	1	16

**REFEREE'S DISCRETION**

Penalty for unfair acts.....	—	9	2	3
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